Education Department of the Administration of the Pervomaisky District of Minsk State educational institution "Sanatorium nursery- school number 189 of Minsk"

## HUMANITARIAN PROJECT MAKE FRIENDS WITH PHYSICAL CULTURE, THERE IS AN ETERNAL YOUTH SECRET IN IT

Manager: RASHCHUPKINA LIUDMILA the head of Sanatorium nursery-school № 189 of Minsk

Minsk 2020

# Humanitarian project of the state educational institution "Sanatorium nursery-school № 189 of Minsk"

**Project's name:** "Make friends with physical culture, There is an eternal youth secret in it"

## Type of a project: wellness focus

## Justification and statement of the problem

In modem preschool pedagogy, the tasks of strengthening the physical and mental health of children, their full development are highlighted. The problem of protecting and promoting health is very relevant in modern conditions. The solution to these problems is impossible without the creation of a modem subject-developing and health-saving environment. It is all the more important in pre-school institutions of the sanatorium type, where children with poor health go.

Our nursery-school has been operating since 1963. Gaming and sports equipment installed at the opening, partially dismantled due to its injury hazard, partially morally obsolete, therefore, sports, playgrounds and a gym need modern equipment.

**Purpose of the project:** creation of conditions for strengthening the physical and mental health of children, their full development.

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Stakeholder	Interest in project		Possible
group		parties are interested in a long-term project	participation
Children	There is enough space	there is a sports ground, a	Target
	to play,	sports hall, playgrounds equipped with modern	group
	to do PE, it's safe	facilities	
Parents	Strengthening the	Active participation in the	Target
	physical health of	educational process, reducing	group
	children, eir	the incidence of children	
	development, inclusion		
	in the educational		
	process		
Educational	Strengthening the	The availability of modern safe	Target
institution	physical health of	sports and gaming equipment,	group
employees	children, development	the ability to plan new forms	
	of physical qualities, the	of work with children and	
	involvement of parents	parents	
	in the educational		
	process		

**Target group:** children of preschool age, parents, employees of preschool educational institution.

# **Project objectives:**

- 1. Attracting children and adults to physical education and sports in order to promote a healthy lifestyle.
- 2. Implementation of state policy in the field of physical education and development of the younger generation.
- 3. Attracting socially significant and interested partners in cooperation.
- 4. Improving the quality of the educational process.

# Justification of the project:

### **Regulatory:**

Education Code of the Republic of Belarus dated January 13, 2011 No. 243-3 Educational program for preschool education, 2014

## Financial

Source of financing	Amount of financing (in US dollars)	
Donor funds	245.000	
Co-financing	5000	
Total funding	250.000	

# **Organizational:**

raising sponsorship;

development of the project activity plan;

appointment of responsible for checking, operation, maintenance of modern equipment.

Development of methodical recommendations on the use of modem equipment in the educational process.

# The system of project activity:

removing the old equipment;

dismantling of old equipment;

redevelopment of the territory;

replacement of the fence;

replacement of asphalt pavement, tracks on the playgrounds;

site equipment according to the rules of the road;

purchase and installation of gaming and sports complexes;

purchase and installation of small architectural forms;

installation of equipment for an integrated sports ground with rubberized coating; creation of a weather site;

modernization of the gym, interior finishing work;

replenishment and equipping the gym with modern equipment;

holding a seminar with interested parties on the topic: "Fitness and recreation work in the conditions of using modern equipment"

**Expected results:** 

- 1. Creating a modem safe environment for physical education and sports.
- 2. Maximum satisfaction of the needs of pupils in physical activity.
- 3. Promotion of a healthy lifestyle, strengthening the health of students.
- 4. The interest of parents in improving the health of children and their own health.

### It was:

# **Expected results:**









#### **Duration of the project:**

Project implementation period - 3 years, 2020-2023. Location of the project: Republic of Belarus, Minsk, Kedyshko street, 19a State institution of education "Sanatorium nursery - school number 189 of Minsk".

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